LONG-TERM CARE INSURANCE

For A More Secure Future.

✦ Indemnity Nursing Home Coverage

united american insurance company

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Long-Term Care: A Revolution In Your Lifetime.

In the last 50 years, medical science has helped double our chances of living until 85. The probability that a 65-year old will live to age 90 has increased by more than 25% since 1940. As more enjoy a longer life span, many require long-term care (nursing home, alternative care facility, in-home and community care services) for age-related conditions. These developments sparked a long-term health care revolution.

United American’s LTC Classic insurance plan helps you maintain your independence, protect your savings and income, and access the best possible care. The following pages will show you how United American’s LTC Classic plan can work for you.

FACT: 36% of all 65-year old males and 50% of 65-year old women today will eventually need nursing home care. In 1990, the average cost of a nursing home stay was about $72 per day; this figure has now risen to more than $100.

A New Look At Long-Term Care Insurance.

Medicare and Medicare supplement insurance are not intended to cover all of your long-term health care.

- Medicare primarily covers hospital care, doctor bills and outpatient care.
- Medicare supplements cover hospital and doctor expenses not covered by Medicare.
- Long-term care insurance pays some nursing home, alternative care facility, in-home and community care costs not covered by either.

Nursing home expenditures now exceed $80 billion annually. A recent survey asked who would pay most of the costs for six months of long-term care services. 49% said they or their families would. LTC Classic helps minimize or eliminate your long-term care expenses. It allows you or a designated individual to secure the care you are comfortable with at a price you can afford.

Our Focus Is You.

United American set out to create long-term care insurance as innovative as the health care services available today. We studied the marketplace and the needs of those requiring long-term care in developing the **LTC Classic** plan.

United American's **LTC Classic** plan helps cover long-term care costs which Medicare and Medicare supplement policies don’t cover. Medicare and Medicare supplement standards are based on the general population and may not apply to your individual needs. United American’s **LTC Classic** plan focuses on you.

Your United American agent will tailor your long-term care policy to fit your needs.

**FACT:** Approximately $8 of every $10 spent by the elderly on major health care bills pays for long-term health care. Payment distribution is as follows: 10% to hospitals, 6% to doctors and over 80% to nursing homes.4

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The United American LTC Classic plan provides qualified nursing home coverage. From there, plans can be customized for either individuals or families (married couples). Here are the main features of the plan.

Features

▼ **Benefit Period**: You must designate a benefit period of **two, four or an unlimited number** of years. This is how long you may receive qualified nursing home benefit payments.

▼ **Period of Care**: A period of care refers to days on which the insured uses long-term care benefits which are separated by less than 180 days for which an insured receives no services.

▼ **Elimination period**: You choose when United American begins to pay your qualified nursing home benefits within each period of care. You must designate an elimination period of **0, 30 or 100 days**.

▼ **Bed Reservation Benefit**: If you need to go to the hospital during your qualified nursing home stay, United American pays the nursing home to reserve your bed for up to 14 days during each period of care.

▼ **Assisted Living Facility Benefit**: If you meet the benefit qualifications for nursing home care, your physician's recommended plan of care may include confinement in a state qualified Assisted Living Facility.

▼ **Five-month Extended Reinstatement Period**: If your policy lapses due to nonpayment of premiums, it may be reinstated if there is proof of your cognitive impairment on the lapse date. The reinstatement period is five months following the lapse date.
Restoration Of Benefits:
Restores your maximum qualified nursing home benefit, one time only, after a period of two years without qualified nursing home confinement.

Successive Nursing Home Stays:
If you re-enter a qualified nursing home within 180 days, a new elimination period is not required.

Third Party Notice:
You may select a second person to notify if your premium payment is not received by United American.

Waiver Of Premium:
If you are confined to a qualified nursing home, you are not required to pay a premium after the first 90 days of confinement within a period of care. For couples covered under the family policy, neither pays a premium after either one is confined for 90 days. Premiums are waived as long as confinement continues.

Optional Benefit Inflation Rider: To keep up with the continuously rising cost of care, you may have your policy benefit automatically increased 5% each year.
Qualifications For Care.

Benefits are paid for covered expenses based on a Plan Of Care from your Physician. A Plan Of Care is a program of care certified in writing by a Physician prior to the start of treatment and recertified periodically in accordance with accepted medical standards. An Independent Care Manager or a Physician will perform an evaluation or standardized test to confirm whether you meet one of the following qualifications:

1. You need assistance performing at least two of these activities of daily living:
   - mobility from inside to outside or from room to room
   - dressing
   - toileting
   - transferring in and out of bed, a chair or other seat
   - feeding
   - continence
   - bathing

2. You suffer cognitive impairment — a deterioration of short or long-term memory, orientation to other people, place or time, or abstract or deductive reasoning as it relates to the safety of yourself and others.

Levels of Care.

Custodial Care: Care primarily for meeting personal needs such as bathing, dressing, eating, toileting, transferring or taking medication.

Intermediate Care: A higher level of care than custodial, in which the patient requires some skilled nursing services or therapy.

Skilled Care: The highest level of care in which the patient requires care that can only be handled or supervised by skilled personnel on a 24-hour basis. Examples are tubal feeding and life support systems.
Seven Big Advantages.

United American’s **LTC Classic** policy has these important features:

1. **Benefits are paid directly to you.**
   Since you or someone you designate receives the benefit payments, you have more control over your long-term care.

2. **Premiums are waived during your nursing home stay.**
   If you are confined to a qualified nursing home, you are not required to pay a premium after the first 90 days of confinement within a period of care. For couples covered under the family policy, neither pays a premium after either one is confined for 90 days. Premiums are waived as long as confinement continues.

3. **Covers several levels of care.**
   The **LTC Classic** policy covers custodial, intermediate and skilled qualified nursing home care, as defined on the previous page.

4. **Premiums will not increase because you get older.**
   Your premium rate is set for your age upon policy issue. If your coverage begins at age 65, you’ll pay the age 65 rate for the length of the policy. It will only increase on a class basis.

5. **Your coverage cannot be canceled.**
   Your policy is guaranteed renewable for as long as you pay the premiums. It cannot be canceled due to age or health.

6. **Money-back Guarantee.**
   If you are not completely satisfied with your long-term care policy, you may return it during the first 30 days for a full refund. There are no further obligations.

7. **United American’s financial strength.**
   A solid indicator of United American’s financial strength is its high national insurance rating.

   **A+ Superior from A.M. Best and Company**, insurance analysts since 1899. This rating is based on their latest analysis of United American’s financial strength, management skill and integrity. This rating refers only to the overall financial status of the company and is not a recommendation of the specific policy provisions, rates or practices of the insurance company.